

An appointment has been made for you

Clinic \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Time \_\_\_\_\_

Date \_\_\_\_\_



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A GUIDE FOR PATIENTS

## Nerve Root Sleeve Injection

For information regarding your appointment,  
please see the back of this leaflet.

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# What is a Nerve Root Sleeve Injection?

This injection should confirm that compression or irritation of that particular nerve root is responsible for your symptoms. The injection will, in most cases, provide a varying duration of relief from your symptoms.

## Procedure

The procedure involves a fine needle placed close to the nerve just beyond its exit from the spine. CT guidance is used to ensure safe and accurate placement of the needle. A long acting anaesthetic and a long acting steroid are injected. The procedure is performed under local anaesthetic.

The injection is not usually painful although occasionally there may be transient limb pain when the needle is near the nerve. This is usually brief and will not cause nerve damage.

## Are there any side effects?

Complications are not common and if they occur are usually minor. The most significant is transient limb weakness and for this reason you will be asked to stay in the department for 30 minutes following the injection. Very rarely, serious side effects causing permanent neurological damage have been reported to occur. It is advisable to have someone collect you to take you home.



## After the procedure

Following the injection you will often feel numbness and tingling in the distribution of the nerve. Usually pain is effectively relieved during the first few hours while the anaesthetic is working. It is not unusual for the pain to return after this.

It may take several days for the steroid to work and sometimes this may only be minimally effective. Some people get no benefit.

You will be given a pain form to complete following this injection. Please take it with you to your next doctor's appointment.

Please bring any previous imaging with you on the day of your examination. If you have any questions please do not hesitate to ask us!